

## THE CLUB CHAMPIONSHIP

We are instating a club championship for the year 2016/17, so let's get training! For every personal best you get there will be points available and we all know what points mean: prizes!!!

More information to follow...watch this space.



## EAST END ROAD RUNNERS

### RACE CARD

Summer 2016



## MAY

<b>07/05/2016</b>	<b>Hackney 5k</b>	
	<i>Hackney Marshes (3pm)</i>	<i>Free</i>
<b>08/05/2016</b>	<b>Hackney Half Marathon</b>	
	<i>Hackney Marshes (9am)</i>	<i>Entries closed</i>
<b>18/05/2016</b>	<b>ELVIS #1 Dagenham 88 (5 miles)</b>	
	<i>Eastbrookend Country Park (7:30pm)</i>	<i>£6</i>
<b>22/05/2016</b>	<b>Royal Windsor Half Marathon</b>	
	<i>Windsor Castle (8:30am)</i>	<i>£32</i>
<b>29/05/2016</b>	<b>Westminster Mile</b>	
	<i>Green Park (various start times)</i>	<i>£8</i>

## JUNE

<b>07/06/2016</b>	<b>ELVIS #2 Havering 90 (5 miles)</b>	
	<i>Raphael Park (7pm)</i>	<i>£6</i>
<b>14/06/2016</b>	<b>Summer Handicap</b>	
	<i>NLC Track (7pm)</i>	<i>Free</i>
<b>19/06/2016</b>	<b>City of London Mile</b>	
	<i>St Paul's (from 10am)</i>	<i>Free</i>
<b>17/06/2016</b>	<b>Orion Fell Race (3 miles)</b>	
	<i>Chingford Plains (8pm)</i>	<i>£TBC</i>
<b>21/06/2016</b>	<b>***ELVIS #3 EERR (5km)***</b>	
	<i>Queen Elizabeth Olympic Park (7:30pm)</i>	<i>£8</i>

## JULY

<b>13/07/2016</b>	<b>ELVIS #4 Hilly (5 miles)</b>	
	<i>Location TBC (7:30pm)</i>	<i>£TBC</i>

<b>17/07/2016</b>	<b>Great Newham Run (10km)</b>	
	<i>Olympic Stadium (time TBC)</i>	<i>Free for Newham residents</i>

<b>30/07/2016</b>	<b>Wimbledon Common Half Marathon</b>	
	<i>Wimbledon Common (9:30am)</i>	<i>£22</i>

## AUGUST

<b>06/08/2016</b>	<b>ELVIS #5 Orion Forest (5 miles)</b>	
	<i>Location TBC (10am)</i>	<i>£TBC</i>
<b>13-14/08/2016</b>	<b>Spitfire Scramble</b>	
	<i>Hornchurch Country Park (12pm)</i>	<i>£25</i>
<b>29/08/2016</b>	<b>ELVIS #6 Barking RR (5km)</b>	
	<i>Location TBC (10:30am)</i>	<i>£TBC</i>

## SEPTEMBER

<b>11/09/2016</b>	<b>Surrey Bacchus Half/Full Marathon</b>	
	<i>Denbies Wine Estate (from 10am)</i>	<i>£46</i>
<b>25/09/2016</b>	<b>ELVIS #7 East London (5km)</b>	
	<i>Valentine's Park (10:30 am)</i>	<i>£TBC</i>

For further information on ELVIS races please got to: <http://www.elvisraces.org/>.

Got a suggestion for a great race you would like to run with your club-mates? Let me (Becca White) know in person or via [racsec@eerr.org.uk](mailto:racsec@eerr.org.uk). Please also get in touch if you need help entering any of the races or would like any further information on who has entered what.